

## NEWSLETTER

SIMCOMM  
ACADEMY

## IN THE SPOTLIGHT

## NURSING STUDENT PLACEMENTS

## WHAT DID WE DO?

In response to the Nursing and Midwifery Council (NMC) recommendation to provide third-year adult and paediatric nursing students with additional placement hours, SimComm Academy and a nursing school collaborated to deliver a two-day simulated placement.



## WHAT WAS THE FOCUS?

The simulated placement was designed to utilise a range of experiential learning techniques, including fishbowl simulation, forum theatre and monologues to explore communication with patients and their families facing chronic illnesses and mental health difficulties.

## WHAT TOPICS WERE COVERED?

- Discussing patients' lifestyle changes
- Holistic care
- Empathetic communication and active listening
- Understanding self-harm and possible underlying issues
- Exploring eating disorders
- Appreciation of carer burden
- Chronic pain

## WHAT DID THE PLACEMENT CONSIST OF?

Participants engaged in the scenarios which were followed by facilitated debriefs, allowing feedback and discussions surrounding the scenarios, participant and observer reflections, and exploration of the learning outcomes.

## WHAT DID THE STUDENTS GAIN?

Analysis of the evaluations demonstrate a clear shift in knowledge as a result of the workshop. Before the workshop, 46% of the participants expressed either limited, neutral, or no knowledge, whereas following the workshop 99% of the participants expressed excellent or good knowledge.



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## MENTAL HEALTH TRAINING

Training in mental health, wellbeing and resilience are increasingly important. We offer communication training workshops, where we invite participants to take part in scenarios with our actors, which assist on building upon skills.



**Blogs and case studies in October:**  
 Happiness at work  
 World mental health day  
 Foster workplace belonging

**Coming up in October:**  
 Free webinar on psychological safety  
 Book via our website

Training in mental health and wellbeing not only equips individuals with the knowledge to maintain their own mental health but also enables them to contribute positively to the mental health of others

**Get in touch with us to find out more about our mental health related courses.**



### WHY IS IT CRUCIAL THAT PEOPLE ARE TRAINED IN MENTAL HEALTH AND WELLBEING?

Training in mental health and wellbeing is crucial for several reasons, benefiting individuals, organisations, and society as a whole:

1. Increases awareness and understanding
2. Early detection and intervention
3. Improves personal wellbeing
4. Enhances workplace productivity
5. Promotes supportive relationships
6. Reduces stigma and discrimination
7. Improves communication and coping skills
8. Fosters community wellbeing

## Thank You

Thank you to Karen and Gary for all their hard work and support over the last 2 years, we wish them both the very best for the future.

D: 02382 250201 O: 02382 250186

E: [office@simcommacademy.com](mailto:office@simcommacademy.com)

Website: [www.simcommacademy.com](http://www.simcommacademy.com)

X : [@simcomm\\_academy](https://twitter.com/simcomm_academy)

Insta: [@simcomm\\_academy](https://www.instagram.com/simcomm_academy)

LinkedIn: <https://uk.linkedin.com/company/simcomm-academy-limited>